

COURSE OUTCOME MATRIX
COURSE SYLLABUS
PART 2 of 3

Course Number and Title	NU 133 Health Assessment and Diagnostics
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Credit Hours	3
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Course Description	This course is designed to introduce the nursing student to the knowledge and skills required to perform a health assessment across the lifespan and to document appropriate findings. This course will address normal and abnormal assessment, lab values and diagnostic finding. Modifications of assessment for select populations will be addressed.
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Prerequisite(s) and/or Corequisite(s)	Pre-requisites: Admission to ADN program Co-Requisites: NUR 134 Introduction of Nursing Concepts; BS 124 Anatomy and Physiology; PY 218 Life Span Psychology.
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Required Textbooks/References/Course Materials:

Pocket Companion for Physical Examination and Health Assessment	8th	Carolyn Jarvis	Elsevier	0323532020	202101
Physical Examination and Health Assessment	8th	Carolyn Jarvis	Elsevier	0323510809	201602

	General Education Outcomes
1	Utilize written and verbal language to discuss and comprehend information, incorporating a variety of technologies, such as text, data, and images (written language, verbal language, and information technology).
2	Identify and interpret relevant information in order to formulate an opinion or conclusion (critical thinking).
3	Demonstrate and communicate computational methods and mathematical reasoning in a variety of formats (using words, tables, graphs, mathematical equations, etc., as appropriate) (quantitative literacy and fluency).
4	Communicate in appropriate ways with those who are culturally diverse (intercultural competence).

	Program Outcomes
1	<p>Nursing Judgment</p> <p>Make judgments in practice, substantiated with evidence, that integrate nursing science in the provision of safe, quality care and that promote the health of patients within a family and community context.</p> <ul style="list-style-type: none"> • Generate safe and effective patient centered care using the nursing process. • Incorporate effective communication strategies to reduce risk and injuries in the healthcare environment.
2	<p>Professional Identity</p> <p>Implement one's role as a nurse in ways that reflect integrity, responsibility, ethical practices, and an evolving identity as a nurse committed to evidence-based practice, caring, advocacy, and safe, quality care for diverse patients within a family and community context.</p> <ul style="list-style-type: none"> • Create caring relationships with patients and support systems consistent with NLN Competencies and West Virginia Board of Examiners for Registered Professional Nurses.

	<ul style="list-style-type: none"> Evaluate the utilization of healthcare system resources to efficiently and effectively manage care.
3	<p>Spirit of Inquiry</p> <p>Examine the evidence that underlies clinical nursing practice to challenge the status quo, question underlying assumptions, and offer new insights to improve the quality of care for patients, families, and communities.</p> <ul style="list-style-type: none"> Integrate current best practices to plan and implement safe and effective patient care.
4	<p>Human Flourishing</p> <p>Advocate for patients and families in ways that promote their self-determination, integrity, and ongoing growth as human beings.</p> <ul style="list-style-type: none"> Collaborate with the patient or designee to plan and provide nursing care that respects the patient's individual values and needs.

	Course Outcomes (CO)	Bloom's Domain for CO (C, A, P), Category, and Level	Program Outcome(s)	Written Language	Verbal Language	Information Technology	Critical Thinking	Quantitative Literacy and Fluency	Intercultural Competence
1	Explain the importance of health assessment.	C Understand (2)	Outcome 1: Nursing Judgement;	0	0	0	2	0	0
2	Comprehend the general survey and vital signs.	C Understand (2)	Outcome 1: Nursing Judgement;	0	0	0	2	0	1
3	Compare ethic, culture and spiritual considerations.	C Understand (2)	Outcome 4 Human Flourishing;	1	0	0	2	0	2
4	Comprehend the relevance of pain assessment.	C Understand (2)	Outcome 1: Nursing Judgement;	0	0	0	2	0	1
5	Distinguish key aspects of the nutritional assessment.	C Understand (2)	Outcome 1: Nursing Judgement;	0	0	0	2	0	1
6	Compare developmental assessment across the lifespan.	C Understand (2)	Outcome 4 Human Flourishing;	0	0	0	2	0	1
7	Comprehend key aspects of the health history and physical exam related to the head to toe assessment.	C Understand (2)	Outcome 1: Nursing Judgement	0	0	2	2	0	0
8	Demonstrate a comprehensive history and head-to-toe assessment.	C, Application (3)	Outcome 1: Nursing Judgement; Nursing and Outcome 4: Human Flourishing;	0	2	0	2	0	0

9	Explain key aspects of documentation related to the history and physical exam.	C, C Understand (2)	Outcome 1 Nursing Judgement;	2	0	0	2	0	0
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Bloom's Domain Legend

C = Cognitive

A = Affective

P = Psychomotor

General Education Outcome Legend

2 = Included and Measurable

1 = Introduced and/or Minimally Addressed and Not Measurable

0 = Not included

Approved: May 2021

Reviewed: October 29, 2021